Japan Karate Association Shotokan Karate – Do International

Summer Seminar 2009 – July 15-July 19

Location: Mitchell College
437 Pequot Avenue
New London, CT 06320

Camp Instructors:

Mr. Masataka Mori, 8th Dan, Chief Instructor
Mr. Shu Takahashi, 7th Dan, USA
Mr. Kenichi Haramoto, 6th Dan, USA
Mr. Isami Shiroma, 6th Dan, USA
Mr. Douglas Luft, 6th Dan, USA
Mr. Robert Jacobs, 6th Dan, USA
Mr. Eiji Toryu, 6th Dan, USA

Guest Instructors:

Mr. Yasuoki Takahashi, 8th Dan
JKA Miyagi-ken Chaiman

Mr. Haruo Kawazumi, 7th Dan
JKA Ibaragi-ken Chaiman

Mr. Yasuo Hanzaki, 6th Dan
JKA Headquarter Instructor

Camp Contents:

(1) General Karate – Do,
(2) Judges, Instructors, Examiners – Qualifications Practice and Test,
(3) Kyu and Dan examinations,
(4) Basic techniques and advanced sparring techniques,
(5) Emphasis on basic and advanced Kata and Kata application, and
(6) Karate Self Defense.

The Summer Camp purpose is to struggle by strenuous effort for the betterment of manners and technique and to cultivate friendship among participants.

SHOTOKAN KARATE-DO INTERNATIONAL 2009 SUMMER SEMINAR
JULY 15th-JULY 19th – Mitchell College

I. PARTICIPATION FEES

	18 years and under	Adults
5 Days	$385	$435
4 Days	$320	$360
3 Days	$265	$295
2 days	$190	$210
1 day	$115	$125

Half-day cost $70

Please note that both Saturday and Sunday classes are full days, not half days.

II. COLLEGE DORMITORY FEES* (Room and Board – includes meals)

5 Nights..... $245

4 Nights..... $200

3 Nights..... $155

2 Nights..... $110

1 Night $60

***Includes $5 fee for party.**

Please plan to stay on campus with us!

III. QUALIFICATION PARTICIPATION FEES: $100
QUALIFICATION EXAMINATION FEES: $150

IV. EXAMINATIONS

- Kyu Examination: Saturday, July18 at 1:45pm
- Dan Examination: Sunday, July19 at 2:00pm

V. QUALIFICATION

- Paper test – Judge, Instructor and Examiner — Friday, July 17, 2:00-3:30pm
- Skill test – instructor
- Skill test – Examiner — Saturday, July 18, 2:00-2:30pm
- Skill test – Judge — Saturday, July 18, 2:30-4:00pm

VI. GOODWILL SUMMER CAMP TOURNAMENT

Saturday July 18, 2:30-4:00pm
Last day to register for the Tournament is Friday July 17. No fee.

VII. REGISTRATION DEADLINE

Registration deadline is Saturday, June 6. Pay five (5) days in full by June 6 for a $30 discount.

GENERAL INFORMATION

a) You may check into the College dormitory on Tuesday evening, July 14, after 5pm.

b) Dormitory rooms are **NOT** provided with pillows, towels, linen or blankets.

c) Lost key fee is $100.00. Due to the high price of lost keys this year, we will request a cash deposit of $100 at sign in that will be refunded upon return of the key.

d) All participants must register, sign a release form, and make a minimum deposit of 50% of total fees on or before June 6, 2009.

e) Only participants paying in full for 5 days by June 6, 2009 will receive a $30 discount on the total participation fee.

f) Please make checks payable to "**AMERICAN JAPAN KARATE ASSOCIATION #2**".

g) Personal checks will be accepted before June 6, 2009. Any camp fees paid after June 6 must be paid in cash, money order or cashier's check.

h) **PERSONAL CHECKS WILL NOT BE ACCEPTED AFTER JUNE 6**.

i) Limited registration will be available at the summer camp.

j) Participation of non-JKA members is welcomed.

k) The camp **CHECK-OUT TIME** is Sunday July 19 at 5:00pm.

l) Please send checks by First-Class Mail.

m) **JKA SHOTOKAN KARATE-DO INTERNATIONAL**

Phone: (212) 799-5500; Fax: (914) 381-7644

E-mail: jkanewyork@yahoo.com

n) Please take advantage of less crowded training sessions during the first three days of the Seminar. As these sessions are less crowded, they are effective.

o) Special Dan Exam Training is offered on the first three days.
To train only on the weekend is a missed opportunity.

SHOTOKAN KARATE-DO INTERNATIONAL 2009 SUMMER SEMINAR SCHEDULE

WEDNESDAY JULY 15	THURSDAY JULY 16	FRIDAY JULY 17	SATURDAY JULY 18	SUNDAY JULY 19
CLASS 6:30 – 8:00 am **Basics:** Four Levels: - Black belts - Brown belts - Green belts - White belts **Kumite:** Basic 3-step sparring	CLASS 6:30 – 8:00 am **Basics:** Four Levels: - Black belts - Brown belts - Green belts - White belts **Kumite:** Basic 1-step sparring	CLASS 6:30 – 8:00 am **Basics:** Four Levels: - Black belts - Brown belts - Green belts - White belts **Kumite:** Semi-free sparring	BREAKFAST 7:30 – 8:30 am	BREAKFAST 7:30 – 8:30 am
BREAKFAST 8:15 – 9:15 am	BREAKFAST 8:15 – 9:15 am	BREAKFAST 8:15 – 9:15 am	CLASS 9:00 am – 12:00 pm **Basics:** Four Levels: - Black belts - Brown belts - Green belts - White belts **Kumite:** Semi-free sparring **Kata:** Black belts: - Gojushiho-dai - Gojushiho-sho Brown belts: - Favorite kata Green belts: - Bassai-dai - Kanku-dai White belts: Heian 3, 4 & 5	CLASS 9:00 am – 12:00 pm All levels **Basics** **Kumite** **Kata:** Black belts: - Meikyo - Wankan Brown belts: - Favorite kata - Tekki sandan Green belts: - Jion - Empi White belts: - Tekki shodan
LUNCH 12:30 –1:30 pm	LUNCH 12:30 – 1:30 pm	LUNCH 12:30 – 1:30 pm	LUNCH 12:30 – 1:30 pm	LUNCH 12:00 – 1:30 pm
QUALIFICATION JUDGE SKILL 2:00 – 3:30 pm	QUALIFICATION PAPER TEST PRACTICE 2:00 – 3:30 pm	QUALIFICATION PAPER TEST (Judge, Instructor, Examiner) SKILL TEST (Instructor) 2:00 – 3:30 pm	KYU EXAM 2:00 – 2:30 pm QUALIFICATION SKILL TEST Examiner: 2:00-2:30 pm Judge: 2:30-4:00 pm TOURNAMENT 2:30 – 4:00 pm	DAN EXAM 1:00 – 3:00 pm CHECK-OUT 4:00 pm
CLASS 4:00 pm – 5:30 pm **Kata:** Black belts: - Bassai-sho - Kanku-sho Brown belts: - Bassai-dai - Kanku-dai Green belts: - Heian 4, 5 - Tekki shodan White belts: - Heian 1, 2 & 3 5:30 pm – 6:00 pm Special Dan Exam Training*	CLASS 4:00 pm – 5:30 pm **Kata:** Black belts: - Gankaku - Sochin Brown belts: - Jion - Empi Green belts: - Heian 4, 5 - Tekki shodan White belts: - Heian 2, 3 & 4 5:30 pm – 6:00 pm Special Dan Exam Training*	CLASS 4:00 pm – 5:30 pm **Kata:** Black belts: - Nijushiho - Unsu Brown belts: - Jitte - Tekki Nidan Green belts: - Tekki shodan - Tekki nidan White belts: - Heian 3, 4 & 5 5:30 pm – 6:00 pm Special Dan Exam Training*		
DINNER 6:15 – 7:30 pm	DINNER 6:15 – 7:30 pm	DINNER 6:15 – 7:30 pm	DINNER 6:15 – 7:30 pm PARTY AT THE BEACH!!! 7:30 – 9:30 pm	

*Special Dan Exam Training is open to all camp participants but will be focused on those preparing for their dan exams.

SHOTOKAN KARATE-DO INTERNATIONAL 2009 SUMMER SEMINAR APPLICATION FOR PARTICIPATION

TO: AMERICAN JAPAN KARATE ASSOCIATION
P.O. Box 368
CLOSTER, NJ 07624

Phone: (212) 799-5500 **Fax**: (914) 381-7644
E-mail: jkanewyork@yahoo.com

FROM: CLUB _____

LAST NAME, FIRST NAME	AGE	RANK	START DATE	DAYS	NIGHTS	DEPOSIT FEE	TOTAL FEE
1)							
2)							
3)							
4)							
5)							
6)							
7)							
8)							
9)							
10)							
11)							
12)							
13)							
14)							
15)							
16)							
17)							
18)							
19)							
20)							
TOTAL							

Please make checks payable to "AMERICAN JAPAN KARATE ASSOCIATION #2".

Please send checks by FIRST-CLASS mail.

RELEASE

I hereby release, discharge and acquit the American Japan Karate Association, Inc., Mitchell College, and all individuals and groups in any way connected thereto from any and all responsibility regarding any injuries that I may sustain while participating in the 2009 Shotokan Karate-Do International Summer Seminar. I hereby acknowledge that I have read and understand this release.

CLUB: _____ **DATE:** _____

NAME (PRINT): _____

SIGNATURE _____ **WITNESS:** _____
(Legal representative if under 18 years of age)

MEDICAL TREATMENT RELEASE IF UNDER 18 YEARS OF AGE

In the event that I am unable to provide parental/guardian consent, I hereby authorize the physician(s)/staff of the designated hospital to provide hospital care to include routine diagnostic procedures and medical treatment as necessary to my minor son, daughter or ward.

_____ _____
Signature of Parent or Legal Guardian **Date**

_____ _____
Name of Parent or Legal Guardian (Print) **Phone Number**

_____
Address

MEDICAL INFORMATION

I hereby confirm that I have had vaccinations for measles, mumps, rubella, diphtheria and tetanus.

Signature: _____ **Date:** _____

If under 18 years of age: I hereby confirm that my son, daughter or ward has had vaccinations for measles, mumps, rubella, diphtheria and tetanus.

Signature: _____ **Date:** _____

IN CASE OF EMERGENCY

Contact:
Name: _____
Address: _____
Phone Number: _____
Relationship: _____

Medical Needs:
_____
_____
_____
_____

DRIVING DIRECTIONS

FROM NEW YORK CITY

Take I-95 North to New London	90 mi +
Take exit **83** toward **Downtown/New London/CT-32/Norwich**	0.2 mi
Continue straight	0.2 mi
Continue straight onto **Huntington St to 1st light**	0.7 mi
Turn left at 1st light onto Governor Winthrop Blvd	0.2 mi

(CONTINUE AT: *** To Mitchell College)

FROM NYC AIRPORTS to GRAND CENTRAL TERMINAL (GCT)

Flat Taxi rate of $45 for JFK or LaGuardia to Grand Central Terminal

New York Airport Service Bus - $12 (JFK) or ($15 LaGuardia) to GCT
For departure schedule and more info go to www.nyairportservice.com

FROM GRAND CENTRAL to NEW LONDON VIA TRAIN

Take the *Metro-North* to **New Haven** (2 hr), then transfer to *Shoreline East* to **New London** (1 hr), then take a taxi to Mitchell College

FROM BOSTON & WORCESTER

Mass Pike to exit 10 for **I-290** toward **Worcester/ I-395**	1.1 mi
Follow signs for **I-395 South / Norwich Ct** and merge	61 mi
Take exit 78 (LEFT EXIT) New London/Route 32 to 1st light	1.2 mi
Continue straight on 32 towards I-95	4.3 mi
Continue straight to Downtown N.L.. on **Eugene O'Neill Dr**	0.3 mi

(CONTINUE AT: *** To Mitchell College)

FROM ALBANY & VERMONT & BRADLEY INT. AIRPORT

Take I-91 South to Hartford	
Take exit **30** on the **left** to merge onto **I-84 E/US-6 E** toward **New London/E Hartford**	0.8 mi
Take exit **55** to merge onto **CT-2 E** toward **New London/Norwich**	36.2 mi
Take exit **28S** to merge onto **I-395 South** toward **CT-2A/New Haven**	8.0 mi
Take exit 78 (LEFT EXIT) – New London and Route 32 to 1st light	1.2 mi
Continue straight on 32 towards I-95	4.3 mi
Continue straight to Downtown New London on **Eugene O'Neill Dr**	0.3 mi

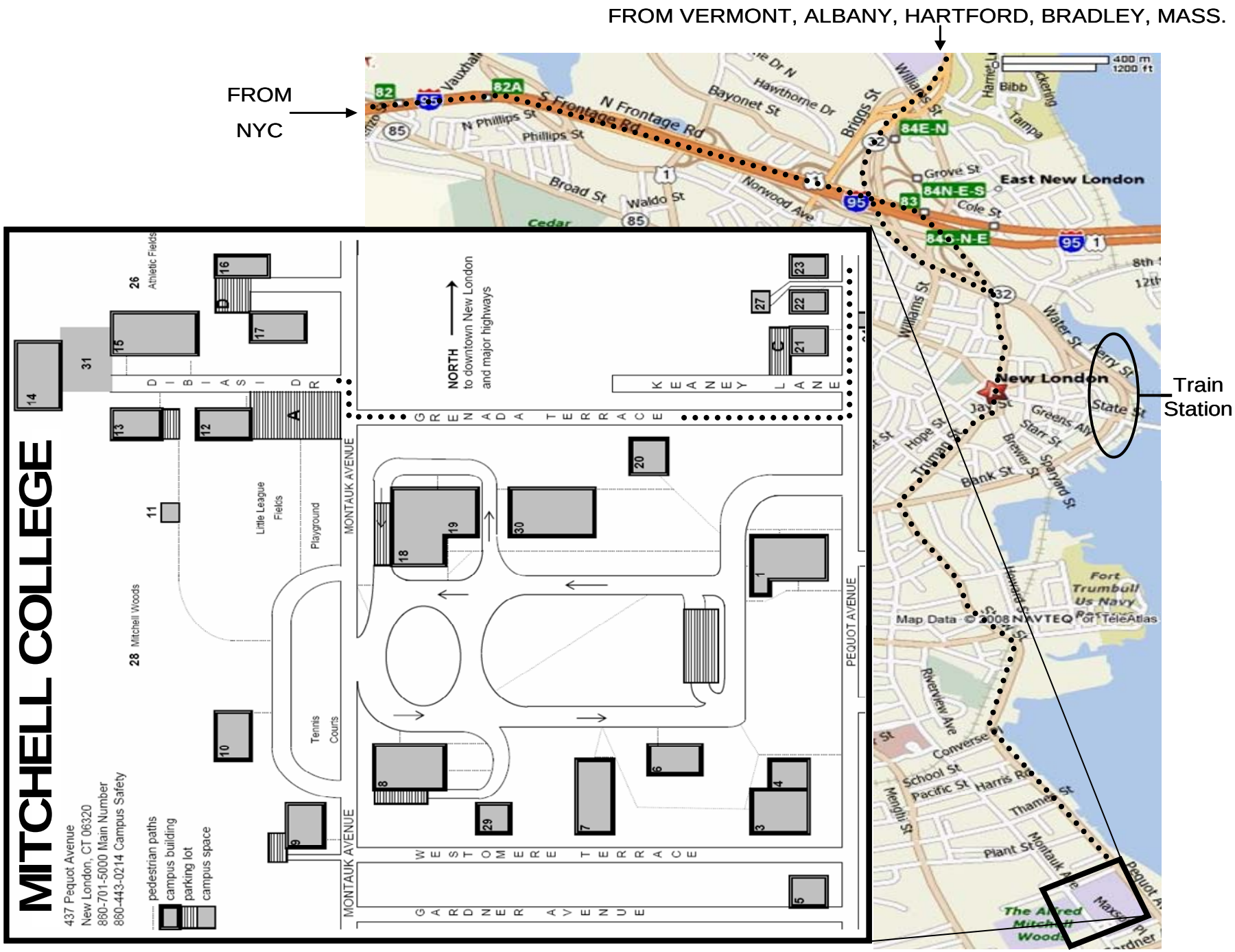
(CONTINUE AT: *** To Mitchell College)

*** TO MITCHELL COLLEGE (New London, CT)

Turn right at 2nd light onto Eugene O'Neill Dr. and follow to the end at Tilley St.	0.3 mi
Turn left on Tilley St and immediately turn right on Bank St.	0.1 mi
Turn **left** at **Shaw St at 1st light and follow to rotary**	0.6 mi
Take 3rd right off the rotary and go under train bridge	0.2 mi

At 2nd rotary take 1st right onto **Pequot Ave**	1.2 mi
Turn **right** at Grenada Terrace	0.2 mi
Right on Montauk and left onto Dibiasi Drive	100 ft

Please contact Andrew Bakoledis for more info: 860-367-0024


FROM VERMONT, ALBANY, HARTFORD, BRADLEY, MASS.
FROM
NYC
Train
Station
MITCHELL COLLEGE
437 Pequot Avenue
New London, CT 06320
860-701-5000 Main Number
860-443-0214 Campus Safety
pedestrian paths
campus building
parking lot
campus space
NORTH
to downtown New London
and major highways
MONTAUK AVENUE
PEQUOT AVENUE
GREENADA TERRACE
KEANEY LANE
WESTOMERE TERRACE
GARDNER AVENUE
DIBIASI DR
Athletic Fields
Mitchell Woods
Little League Fields
Playground
Tennis Courts
New London
East New London
Fort Trumbull Us Navy
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The Alfred Mitchell Wood