

The Japan Karate Association  
Shotokan Karate-Do International  
**2010 WINTER TRAINING CAMP**  
**JANUARY 29-30-31**

Hosted by the JKA of Montville, CT



**Camp Instructor: Master Mori - 8<sup>th</sup> Dan**

Assisting Instructors: Takahashi – 7<sup>th</sup> Dan

Luft – 6<sup>th</sup> Dan

Shiroma – 6<sup>th</sup> Dan

Jacobs – 6<sup>th</sup> Dan

Toryu – 6<sup>th</sup> Dan

Thomas – 6<sup>th</sup> Dan

The Japan Karate Association of Montville is honored to be hosting this year's SKDI Winter Camp, conducted by Master Mori. We are once again excited to welcome Mori Sensei and so much great training spirit from all over the region. Our dojo has moved up the street 1 mile since we last hosted camp in 2006, so please use new directions. Also please notice the class schedule is slightly different, aimed at providing everyone with training more specific to their experience. Besides the excellent training you will get from our instructors, there are a few other “distractions” available to you during your weekend stay. Please feel free to email or call me anytime to ask a question. We look forward to seeing you and training with you again at our upcoming camp in **2 weeks!**

Respectfully,  
-Andrew Bakoledis

Please send or email your list of students who wish to pre-register by Monday January 25<sup>th</sup> or earlier.

“JKA Montville”, c/o Andrew Bakoledis, 60 Pheasant Run, Oakdale CT 06370

\*A \$5 late fee applies to all who register beyond Jan 25<sup>th</sup>. Questions or comments can be directed to Bako:

[andybako@sbcglobal.net](mailto:andybako@sbcglobal.net)

860-367-0024

[www.KarateEndeavors.com](http://www.KarateEndeavors.com)

## 2010 WINTER TRAINING CAMP FEES AND TRAINING SCHEDULE

DOJO – 1031 Norwich-New London Turnpike, Uncasville, CT 06382

	WHITE BELTS And under 18	GREEN BELTS	BROWN BELTS	BLACK BELTS
EACH CLASS	20	25	30	35
ENTIRE CAMP	50	70	80	90

For Participating JKA Families, A Deduction Will Be Made *Upon Check-In* As Follows:

	2 <sup>nd</sup> Family Member	3 <sup>rd</sup> Family Member	4 <sup>th</sup> Family Member
Each class	\$5 less	\$10 less	\$15 less

	LOCATION	SESSION	TIME	EVENT	INSTRUCTOR
FRIDAY	DOJO	1	6:00 – 7:00p	Registration	
			7:00 – 8:30p	All Ranks	Luft
			8:30 – 11:00p	Pizza, Party, & Massage	
SATURDAY	DOJO	2	8:00 – 9:00a	Registration & Continental	
			9:00 – 10:30a	8 Kyu – Shodan	Shiroma
			11:00 – 12:30p	Nidan and above	Jacobs
SATURDAY	DOJO	3	1:00 – 2:00p	Registration	
			2:00 – 3:30p	8 Kyu – Shodan	Mori
			4:00 – 5:30p	Nidan and above	Mori
			7:00 – ???	Buffet, Party & Massage	
SUNDAY	GYMNASIUM	4	7:00 – 8:00a	Registration & Continental	
			8:00 – 10:00a	All Ranks	Mori

- **Free t-shirt** for the 1<sup>st</sup> 10 kids to register  
my younger students are hopeful to meet others their ages from your dojo!!
- **Free coozie** for each camper paying for full camp
- **Chair Massage** will be available each night after classes at the dojo, by a licensed massage therapist and karate student
- **HD Indoor Golf** next door to the dojo

Please contact me if students have a conflict with the Saturday class times for their rank.

**Ed's Kitchen & Creamery** is the official lunch stop for Saturday as it is close, cheap and good.

\*\*Turn left out of Dojo and it is ¼ mile ahead on right. Tell them you are with the JKA.

FOR THE FOLLOWING GROUP RATES, PLEASE RESERVE ALL ROOMS UNDER

***“THE JAPAN KARATE ASSOCIATION”***

Please book by the date to guarantee a room in the block.  
Rooms will be issued after that date if there are any still available.

All hotels are located right next to supermarket and pharmacy

**FRIDAY NIGHT ONLY – Just 1 Mile from dojo**

**Microtel Inn and Suites (unlimited rooms):** 1954 Norwich-New London Turnpike, Uncasville, CT 06382

860-367-0880. **reserve by 1/29**

\$83 – 1 queen and 1 “window seat” that sleeps 1 tightly.

\$115 – 2 queens and 1 “window seat” that sleeps 1 tightly.

\$131 – 2 queen suite with kitchen and 1 “window seat” that sleeps 1 tightly.

**FRIDAY or SATURDAY NIGHT – 5 Miles from dojo**

**Spring Hill Suites (30 rooms for \$99 – excellent quality hotel ):**

401 N. Frontage Road, Waterford CT 06385. 860-439-0151.

Specify King or 2 queens. Big Room, Sleeper sofa sleeps 2, no extra charge.

Indoor pool, whirl pool, continental breakfast. “wireless,” laundry facilities, kitchen and bathroom “extras” - no charge. **Reserve by 1/19**

**Red Carpet Inn & Suites(12 rooms for \$59):** 380 Bayonet Street, New London CT 06320.

860-443-3440. Specify King or 2 doubles. Big room, space for 2 more people on the floor, full kitchen, HBO. **Reserve by 1/21.**

**Red Roof Inn(20 rooms for \$63):** 707 Coleman Street. New London CT 06320.

860-444-0001. Specify King or 2 doubles. Room for 1 more person on the floor, no extra charge. **Reserve by 1/25**



**DIRECTIONS to FRIDAY AND SATURDAY Training sessions #1,2,3 and Party held at:  
Karate Endeavors – 1031 Norwich-New London Turnpike, Uncasville, CT 06382**

From Boston(2 hrs): I-90 W to I-395 S. Take exit 79A and get off exit 1 for Route 32S. Turn right off the exit and travel 2 miles to Grist Mill Plaza on left and enter. Dojo at end of the building to the right, Unit #24-26.

From Hartford(45 min): Route 2 E to Norwich and I-395 S. Take exit 79A and get off exit 1 for Route 32S. Turn right off the exit and travel 2 miles to Grist Mill Plaza on left and enter. Dojo at end of the building to the right, Unit #24-26.

From Albany(2h 15m): I-90 E to I-91 S to Hartford. Route 2 E to Norwich and I-395 S. Take exit 79A and get off exit 1 for Route 32S. Turn right off the exit and travel 2 miles to Grist Mill Plaza on left and enter. Dojo at end of the building to the right, Unit #24-26.

From New York City(2 hrs): I-95 N to I-395 N (left exit 76). Follow to exit 79. Turn left off the exit. Go ¼ mile to light. Turn left at the light, travel 1 mile to 2<sup>nd</sup> light. Dojo is in plaza ahead on right, Unit #24-26.

**Directions FROM HOTELS in New London to training sessions.**

TO DOJO: Leave hotel by taking right onto Bayonet Street. Follow ½ mile to end, turn left onto Briggs St. and take Route 32N. Travel about 5 miles to dojo on your right in the Grist Mill Plaza. We are in the building to the right and all the way down on the right, UNIT #24-26.

**Directions to Saint Bernard's High School Gymnasium for Sunday session #4**

Travel 1 mile north past the dojo and take right at stop light into the school driveway.

OTHER DIRECTIONS TO...

**A-Chilis** – Turn right out of Dojo, 2 miles north on left.

**B-Ed's Kitchen & Creamery** – Turn left out of Dojo and ¼ mile on right.

**C-Mohegan Sun Casino**: Shopping mall, restaurants(Michael Jordan's) and other eateries(Krispy Kreme,...).  
From your hotel, turn right onto Bayonet. Left onto Briggs. Follow 32N for 2 miles and take I-395 North to exit 79A. Wine Tasting Festival 1/30/10.  
Visit [www.mohegansun.com](http://www.mohegansun.com) for information about the shopping mall etc.

**D-Crystal Mall**: Large shopping mall with one nice restaurant and other eateries. Also other large stores such as Home Depot, Target, Borders...up the road from there.  
From your hotel, turn right onto Bayonet, then right onto Coleman street. Take I-95 South for ¼ mile to exit 82A. Turn right off the exit.

**E-Hoyt Waterford Cinemas**: 123 Cross Road. 860-442-1327  
From your hotel, turn right onto Bayonet, then right onto Coleman street.  
Take I-95 South to exit 82. Turn left and turn right into 2<sup>nd</sup> shopping center.  
Follow for ¼ mile.

**F-Nanami**: 324 Flanders Road, East Lyme. 860-739-6020. A Japanese Restaurant 5 minutes from your hotel.  
From your hotel, turn right onto Bayonet, then right onto Coleman street. Take I-95 South to exit 75. Turn left at the 1<sup>st</sup> light and turn right into the parking lot.

Release of Liability

I understand that my participation in the JKA SKDI Winter Training Camp in Uncasville, CT on January 29-30-31 of 2010 is at my own risk, and I agree not to hold the Japan Karate Association of Montville or Shotokan Karate-Do International or its members or employees responsible or liable for any loss, injury, or accident resulting from my participation.

I have read and I understand the release of liability:

Participant Signature \_\_\_\_\_ Participant/guardian Name: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

\*\*\*\*\*

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**WINTER CAMP 2010 REGISTRATION FORM**

**Return by January 25<sup>th</sup>**

(you may *email* this word file also)

Club Name \_\_\_\_\_

Phone Number \_\_\_\_\_

New/current E-Mail \_\_\_\_\_

NAME	RANK	CLASSES (circle)	CAMP COST	DEPOSIT MADE	BALANCE DUE	REL. FORM?
1.		F S1 S2 Sun				
2.		F S1 S2 Sun				
3.		F S1 S2 Sun				
4.		F S1 S2 Sun				
5.		F S1 S2 Sun				
6.		F S1 S2 Sun				
7.		F S1 S2 Sun				
8.		F S1 S2 Sun				
9.		F S1 S2 Sun				
10.		F S1 S2 Sun				
11.		F S1 S2 Sun				
12.		F S1 S2 Sun				
13.		F S1 S2 Sun				
14.		F S1 S2 Sun				
15.		F S1 S2 Sun				
16.		F S1 S2 Sun				
17.		F S1 S2 Sun				
18.		F S1 S2 Sun				
19.		F S1 S2 Sun				
20.		F S1 S2 Sun				