

# Japan Karate Association Shotokan Karate – Do International Summer Seminar 2011: July 28 – July 31

**Location:** Mitchell College  
437 Pequot Avenue  
New London, CT 06320

## **Camp Instructors:**

Mr. Masataka Mori, 8<sup>th</sup> Dan, Chief Instructor  
Mr. Shu Takahashi, 7<sup>th</sup> Dan, USA  
Mr. Kenichi Haramoto, 6<sup>th</sup> Dan USA  
Mr. Douglas Luft, 6<sup>th</sup> Dan, USA  
Mr. Robert Jacobs, 6<sup>th</sup> Dan, USA  
Mr. Eiji Toryu, 6<sup>th</sup> Dan, USA

## **Guest Instructors:**

Ms. Hirayama Yuko – 6<sup>th</sup> Dan  
2002 Women's Kumite 1<sup>st</sup> Place  
2001, 2002, 2005 Kata 2<sup>nd</sup> Place  
JKA Headquarters Instructor

Mr. Osaka Yoshiharu – 8<sup>th</sup> Dan  
1976 Kumite champion  
1977-1982 Kata champion, All  
Japan Karate Championships

Mr. Hideo Ozawa – 6<sup>th</sup> Dan  
J.K.A. Kanaga-ken Instructor  
1965 All Japan College  
L.A./Hawaii Kumite Team Taisho



## **Camp Contents:**

- (1) General Karate – Do,
- (2) Judges, Instructors, Examiners – Qualifications Practice and Test,
- (3) Kyu and Dan examinations,
- (4) Basic techniques and advanced sparring techniques,
- (5) Emphasis on basic and advanced Kata and Kata application, and
- (6) Karate Self Defense.



The Summer Camp purpose is to struggle by strenuous effort for the betterment of manners and technique and to cultivate friendship among participants.

**SHOTOKAN KARATE-DO INTERNATIONAL 2011 SUMMER SEMINAR  
JULY 28<sup>th</sup> – JULY 31<sup>st</sup> @ Mitchell College**

**I. PARTICIPATION FEES\***

	18 years and under	Adults
4 Days.....	\$360.....	\$410
3 Days.....	\$280.....	\$320
2 days .....	\$200.....	\$230
1 day .....	\$120.....	\$130
Half-day cost.....	\$70	

Please note that both Saturday and Sunday classes are full days, not half days.

**\*PLEASE NOTE:**

**Meals are not available for visitors, only for those staying on campus with us.**

**II. COLLEGE DORMITORY FEES\*\* (Room and Board – includes meals)**

4 Nights.....	\$200
3 Nights.....	\$160
2 Nights.....	\$120
1 Night .....	\$70

**\*\*Includes \$5 fee for party. (The party fee for visitors is \$20.)**

Please plan to stay on campus with us!

**III. REGISTRATION DEADLINE**

Registration deadline is Saturday, June 11. Pay four (4) days in full by June 11 for a \$30 discount.

**IV. GOODWILL SUMMER CAMP TOURNAMENT**

Saturday July 30, 2:30-4:00pm

Last day to register for the Tournament is Friday July 29. No fee.

**V. EXAMINATIONS**

- Kyu Examination: Saturday, July 30 at 1:45pm
- Dan Examination: Sunday, July 31 at 2:00pm
  - Dan Exam Fees(subject to change):  
Shodan \$240 Nidan \$260 Sandan \$300 Yondan \$400 Godan \$500

**VI. QUALIFICATION COURSE (For Instructors And Students Nidan Or Above)**

**PARTICIPATION FEES:** \$100

**EXAMINATION FEES:** \$50 – \$100 each

- Paper test – Judge, Instructor and Examiner Friday, July 29, 2:00-3:30pm
- Skill test – Instructor / Examiner Saturday, July 30, 2:00-2:30pm
- Skill test – Judge Saturday, July 30, 2:30-4:00pm

## GENERAL INFORMATION

- a) You may check into the College dormitory on Wednesday evening, July 27, after 5pm.
- b) Dormitory rooms are **NOT** provided with pillows, towels, linen or blankets.
- c) Lost key fee is \$100.00 and damage deposit is \$100. Due to the high price of lost keys and damage deposit this year, we will request a **check** deposit of \$200 at sign in that will be refunded upon return of the key and room in original condition.
- d) All participants must register, sign a release form, and make a minimum deposit of 50% of total fees on or before June 11, 2011.
- e) Only participants paying in full for 4 days by June 11, 2011 will receive a \$30 discount on the total participation fee.
- f) Please make checks payable to "**AMERICAN JAPAN KARATE ASSOCIATION #2**".
- g) Personal checks will be accepted on or before June 4, 2011. Any camp fees paid after June 4 must be paid in cash, money order or cashier's check.
- h) **PERSONAL CHECKS WILL NOT BE ACCEPTED AFTER JUNE 11.**
- i) Limited registration will be available at the summer camp.
- j) Participation of non-JKA members is welcomed.
- k) The camp **CHECK-OUT TIME** is Sunday July 31 at 4:00pm.
- l) Please send checks by First-Class Mail (*no need for registered mail*).
- m) Contact Information:  
**JKA SHOTOKAN KARATE-DO INTERNATIONAL**  
Phone: (212) 799-5500; Fax: (914) 381-7644  
E-mail: [jkanewyork@yahoo.com](mailto:jkanewyork@yahoo.com)
- n) Please take advantage of less crowded training sessions during the two days of the Seminar. As these sessions are less crowded, they tend to be more effective for the individual. ***To train only on the weekend is a missed opportunity.***

## SHOTOKAN KARATE-DO INTERNATIONAL 2011 SUMMER SEMINAR SCHEDULE

THURSDAY JULY 28	FRIDAY JULY 29	SATURDAY JULY 30	SUNDAY JULY 31
BREAKFAST <u>7:30 – 8:30a</u>	BREAKFAST <u>7:30 – 8:30a</u>	BREAKFAST <u>7:30 – 8:30a</u>	BREAKFAST <u>7:30 – 8:30a</u>
<p style="text-align: center;">CLASS <u>9:30a – 12:00p</u></p> <p><b>Basics:</b> Four Levels: - Black belts - Brown belts - Green belts - White belts</p> <p><b>Kumite:</b> Basic 3-step sparring</p> <p><b>Kata:</b> Black belts: - Bassai Sho - Kanku Sho - Gankaku Brown belts: - Bassai Dai - Kanku Dai - Tekki 2 Green belts: - Heian 4, 5 - Tekki shodan White belts: - Heian 1, 2, &amp; 3</p>	<p style="text-align: center;">CLASS <u>9:30a – 12:00p</u></p> <p><b>Basics:</b> Four Levels: - Black belts - Brown belts - Green belts - White belts</p> <p><b>Kumite:</b> Basic 1-step sparring</p> <p><b>Kata:</b> Black belts: - Sochin - Nijushiho - Wankan Brown belts: - Jion - Empi - Jitte Green belts: - Heian 4, 5 - Tekki nidan White belts: - Heian 3, 4 &amp; 5</p>	<p style="text-align: center;">CLASS <u>9:00 am – 12:00 pm</u></p> <p><b>Basics:</b> Four Levels: - Black belts - Brown belts - Green belts - White belts</p> <p><b>Kumite:</b> Semi-free sparring</p> <p><b>Kata:</b> Black belts: - Gojushiho-dai - Gojushiho-sho Brown belts: - Hangetsu - Favorite kata Green belts: - Bassai-dai - Kanku-dai White belts: - Heian 3, 4 &amp; 5</p>	<p style="text-align: center;">CLASS <u>9:00 am – 12:00 pm</u></p> <p><b>Basics</b> All levels</p> <p><b>Kumite</b> All levels</p> <p><b>Kata:</b> Black belts: - Meikyo - Unsu Brown belts: - Favorite kata - Tekki sandan Green belts: - Favorite kata - Jion - Empi White belts: - Favorite kata - Tekki shodan</p>
LUNCH <u>12:30 – 1:30 pm</u>	LUNCH <u>12:30 – 1:30 pm</u>	LUNCH <u>12:30 – 1:30 pm</u>	LUNCH <u>12:30 – 1:30 pm</u>
QUALIFICATION JUDGE SKILL AND PAPER TEST PRACTICE <u>2:30 – 4:00p</u>	QUALIFICATION -JUDGE SKILL AND PAPER TEST PRACTICE -JUDGE, INSTRUCTOR, EXAMINER PAPER TEST <u>2:30 – 4:00 pm</u>	KYU EXAM <u>2:00 – 2:30 pm</u>  QUALIFICATION SKILL TEST  Examiner: <u>2:00-2:30 pm</u> Judge: <u>2:30-4:00 pm</u>	DAN EXAM <u>1:30 – 3:30 pm</u>
SPECIAL DAN EXAM TRAINING* (OPEN TO OTHERS) <u>2:30 – 4:00p</u>	SPECIAL DAN EXAM TRAINING* (OPEN TO OTHERS) <u>2:30 – 4:00p</u>	TOURNAMENT <u>2:30 – 4:00 pm</u>	CHECK-OUT <u>4:00 pm</u>
DINNER 6:00 – 7:00 pm	DINNER 6:00 – 7:00 pm	DINNER 6:00 – 7:00 pm BEACH PARTY!!! 7:00 – 9:00 pm	

\*Special Dan Exam Training is open to all camp participants but will be focused on those preparing for their dan exams.

**SHOTOKAN KARATE-DO INTERNATIONAL 2011 SUMMER SEMINAR APPLICATION FOR PARTICIPATION**

**TO:** AMERICAN JAPAN KARATE ASSOCIATION  
 P.O. Box 368  
 CLOSTER, NJ 07624

**Phone:** (212) 799-5500 **Fax:** (914) 381-7644  
**E-mail:** jkanewyork@yahoo.com

**FROM:** CLUB \_\_\_\_\_

LAST NAME, FIRST NAME	AGE	RANK	START DATE	DAYS	NIGHTS	DEPOSIT FEE	TOTAL FEE
1)							
2)							
3)							
4)							
5)							
6)							
7)							
8)							
9)							
10)							
11)							
12)							
13)							
14)							
15)							
16)							
17)							
18)							
19)							
20)							
<b>TOTAL</b>							

**Please make checks payable to "AMERICAN JAPAN KARATE ASSOCIATION #2".**

**Please send checks by FIRST-CLASS mail.**

**RELEASE**

I hereby release, discharge and acquit the American Japan Karate Association, Inc., Mitchell College, and all individuals and groups in any way connected thereto from any and all responsibility regarding any injuries that I may sustain while participating in the 2011 Shotokan Karate-Do International Summer Seminar. I hereby acknowledge that I have read and understand this release.

**CLUB:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**NAME (PRINT):** \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_ **WITNESS:** \_\_\_\_\_  
(Legal representative if under 18 years of age)

**MEDICAL TREATMENT RELEASE IF UNDER 18 YEARS OF AGE**

In the event that I am unable to provide parental/guardian consent, I hereby authorize the physician(s)/staff of the designated hospital to provide hospital care to include routine diagnostic procedures and medical treatment as necessary to my minor son, daughter or ward.

\_\_\_\_\_  
**Signature of Parent or Legal Guardian**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Name of Parent or Legal Guardian (Print)**

\_\_\_\_\_  
**Phone Number**

\_\_\_\_\_  
**Address**

**MEDICAL INFORMATION**

I hereby confirm that I have had vaccinations for measles, mumps, rubella, diphtheria and tetanus.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

If under 18 years of age: I hereby confirm that my son, daughter or ward has had vaccinations for measles, mumps, rubella, diphtheria and tetanus.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**IN CASE OF EMERGENCY**

**Contact:**

**Medical Needs:**

**Name:** \_\_\_\_\_

\_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Phone Number:** \_\_\_\_\_

\_\_\_\_\_

**Relationship:** \_\_\_\_\_

\_\_\_\_\_

## DRIVING DIRECTIONS

### **FROM NEW YORK CITY**

Take I-95 North to New London	90 mi +
Take exit <b>83</b> toward <b>Downtown/New London/CT-32/Norwich</b>	0.2 mi
Continue straight	0.2 mi
Continue straight onto <b>Huntington St to 1<sup>st</sup> light</b>	0.7 mi
Turn left at 1 <sup>st</sup> light onto Governor Winthrop Blvd	0.2 mi
( CONTINUE AT: *** To Mitchell College)	

### **FROM NYC AIRPORTS to GRAND CENTRAL TERMINAL (GCT)**

Flat Taxi rate of \$45 for JFK or LaGuardia to Grand Central Terminal  
New York Airport Service Bus - \$12 (JFK) or (\$15 LaGuardia) to GCT  
For departure schedule and more info go to [www.nyairportservice.com](http://www.nyairportservice.com)

### **FROM GRAND CENTRAL to NEW LONDON VIA TRAIN**

Take the *Metro-North* to **New Haven** (2 hr), then transfer to *Shoreline East* to **New London** (1 hr), then take a taxi to Mitchell College

### **FROM BOSTON & WORCESTER**

Mass Pike to exit 10 for <b>I-290</b> toward <b>Worcester/ I-395</b>	1.1 mi
Follow signs for <b>I-395 South / Norwich Ct</b> and merge	61 mi
Take exit 78 (LEFT EXIT) New London/Route 32 to 1 <sup>st</sup> light	1.2 mi
Continue straight on 32 towards I-95	4.3 mi
Continue straight to Downtown N.L.. on <b>Eugene O'Neill Dr</b>	0.3 mi
( CONTINUE AT: *** To Mitchell College)	

### **FROM ALBANY & VERMONT & BRADLEY INT. AIRPORT**

Take I-91 South to Hartford	
Take exit <b>30</b> on the <b>left</b> to merge onto <b>I-84 E/US-6 E</b> toward <b>New London/E Hartford</b>	0.8 mi
Take exit <b>55</b> to merge onto <b>CT-2 E</b> toward <b>New London/Norwich</b>	36.2 mi
Take exit <b>28S</b> to merge onto <b>I-395 South</b> toward <b>CT-2A/New Haven</b>	8.0 mi
Take exit 78 (LEFT EXIT) – New London and Route 32 to 1 <sup>st</sup> light	1.2 mi
Continue straight on 32 towards I-95	4.3 mi
Continue straight to Downtown New London on <b>Eugene O'Neill Dr</b>	0.3 mi
( CONTINUE AT: *** To Mitchell College)	

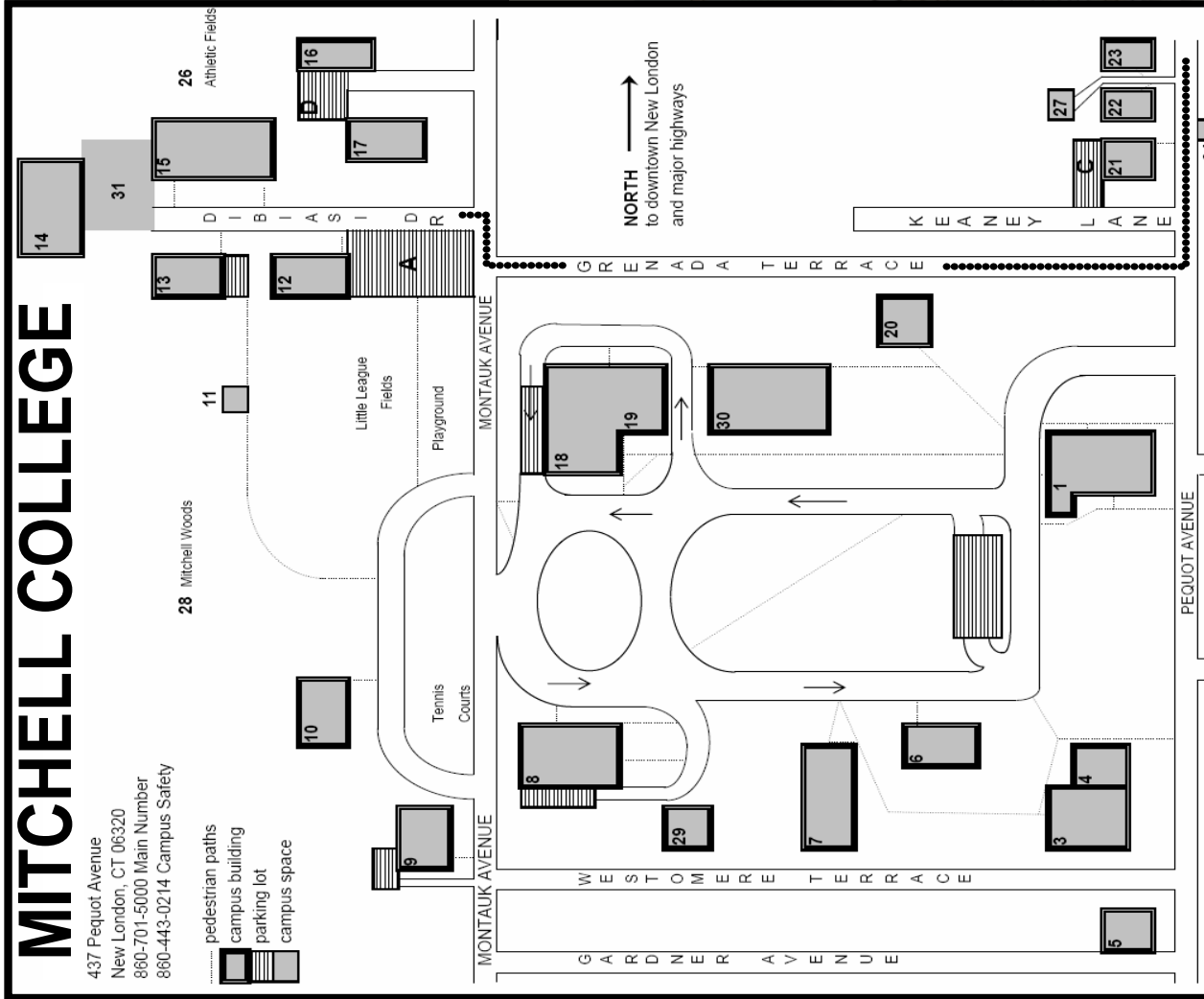
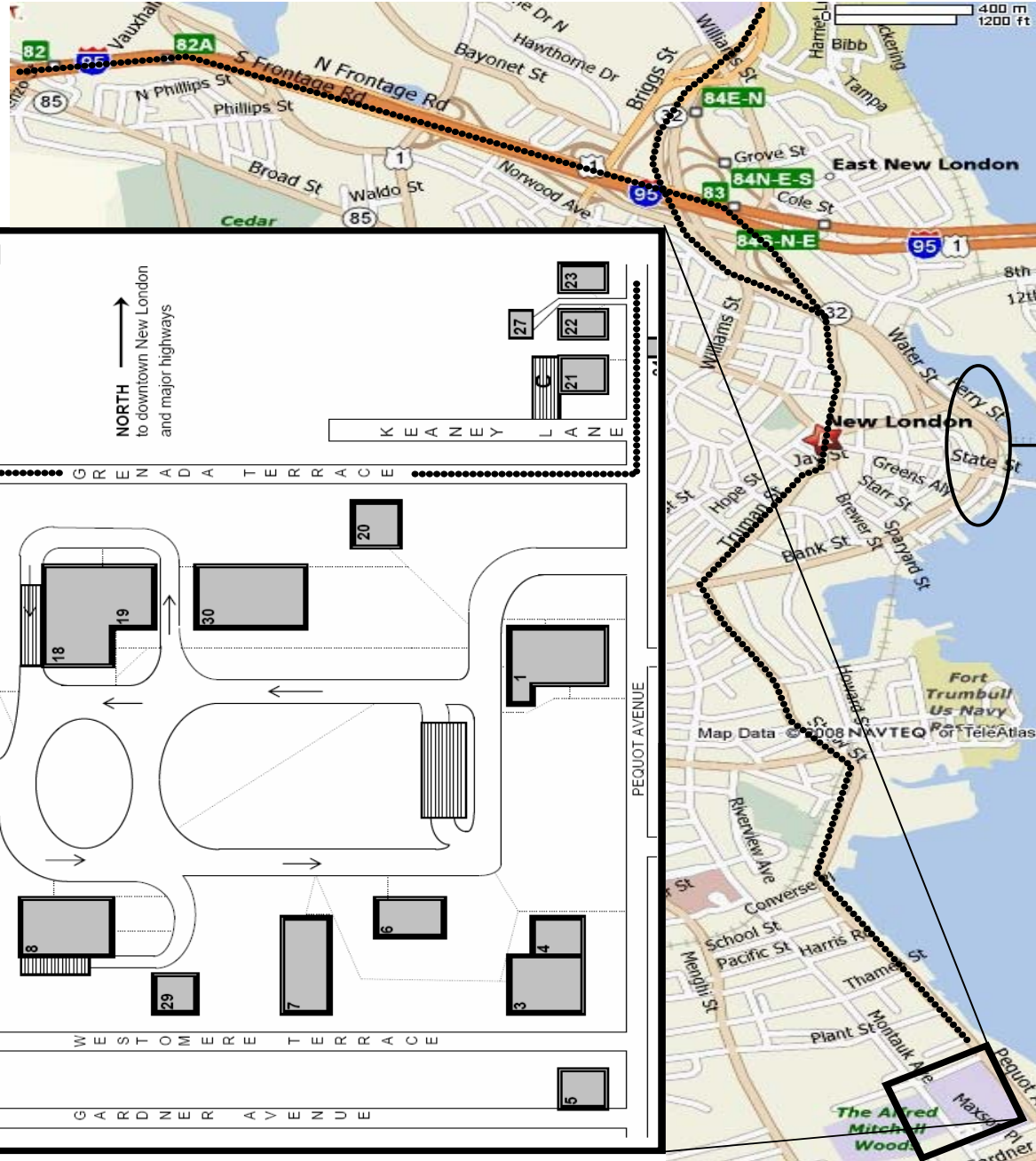
### **\*\*\* TO MITCHELL COLLEGE (New London, CT)**

Follow to the end at Tilley St.	0.3 mi
Turn left on Tilley St and immediately turn right on Bank St.	0.1 mi
Turn <b>left</b> at <b>Shaw St at 1<sup>st</sup> light and follow to rotary</b>	0.6 mi
Take 3 <sup>rd</sup> right off the rotary and go under train bridge	0.2 mi
At 2 <sup>nd</sup> rotary take 1 <sup>st</sup> right onto <b>Pequot Ave</b>	1.2 mi
Turn <b>right</b> at Grenada Terrace	0.2 mi
Go straight across Montauk onto Dibiasi Drive	50 ft

Please contact Andrew Bakoledis for more info: 860-367-0024

FROM VERMONT, ALBANY, HARTFORD, BRADLEY, MASS.

FROM  
NYC



Train  
Station