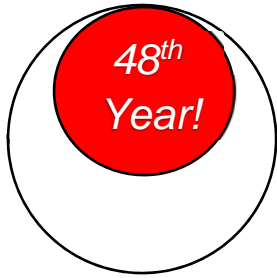


# Japan Karate Association Shotokan Karate – Do International Summer Seminar 2017: July 6 – July 9



**Location:** Mitchell College  
437 Pequot Avenue  
New London, CT 06320

## Camp Instructors:

Mr. Masataka Mori, 9<sup>th</sup> Dan, Chief Instructor  
Mr. Shu Takahashi, 7<sup>th</sup> Dan, USA  
Mr. Douglas Luft, 7<sup>th</sup> Dan, USA  
Mr. Robert Jacobs, 6<sup>th</sup> Dan, USA  
Mr. Eiji Toryu, 6<sup>th</sup> Dan, USA  
Ms. Margaret Thomas, 6<sup>th</sup> Dan, USA

## Guest Instructors:



**Mr. Yasuoki (Anki)  
Takahashi**  
8<sup>th</sup> Dan  
JKA Tohoku Miyagi-ken  
Chairman



**Mr. Tomio Imamura**  
7<sup>th</sup> Dan, 58 years old  
JKA HQ Standing Director  
40th JKA All JPN 1997  
1st Place *Kumite*



**Mr. Seizo Izumiya**  
7<sup>th</sup> Dan, 55 years old  
JKA HQ Secretariat  
4th Shoto World Cup  
(Tokyo, 1992)  
Grand Champion  
1st Kata; 2nd *Kumite*

## **Camp Contents:**

- (1) General Karate – Do,
- (2) Judges, Instructors, Examiners – Qualifications Practice and Test,
- (3) Kyu and Dan examinations,
- (4) Basic techniques and advanced sparring techniques,
- (5) Emphasis on basic and advanced Kata and Kata application, and
- (6) Karate Self Defense.

The Summer Camp purpose is to struggle by strenuous effort for the betterment of manners and technique and to cultivate friendship among participants.



**SHOTOKAN KARATE-DO INTERNATIONAL 2017 SUMMER SEMINAR  
JULY 6 – JULY 9 @ Mitchell College**

**I. PARTICIPATION FEES\***

	<u>18 years and under</u>	<u>Adults</u>
4 Days.....	\$450.....	\$530
3 Days.....	\$350.....	\$430
2 days .....	\$240.....	\$290
1 day .....	\$130.....	\$150
Half-day cost.....	\$80.....	\$90

Please note that both Saturday and Sunday classes are full days, not half days.

**\*PLEASE NOTE:**

**Meals are not available for visitors, only for those staying on campus with us.**

**II. COLLEGE DORMITORY FEES\*\* (Room and Board – includes meals)**

4 Nights.....	\$340
3 Nights.....	\$260
2 Nights.....	\$180
1 Night .....	\$90

**\*\*Includes \$5 fee for party. (Party is only for those staying on Campus.)**

Please plan to stay on campus with us!

**III. REGISTRATION DEADLINE**

Registration deadline is Thursday, June 1. Pay four (4) days in full by June 1 for a \$30 discount.

**IV. GOODWILL SUMMER CAMP TOURNAMENT**

Saturday July 8, 2:30-4:00pm

Last day to register for the Tournament is Friday July 7. No fee.

**V. EXAMINATIONS**

- Kyu Examination: Saturday, July 8 at 1:45pm
- Dan Examination: Sunday, July 9 at 1:30pm
  - Dan Exam Fees will be announced one month prior to camp.

**VI. JKA QUALIFICATION COURSE (For Instructors and Students Nidan or Above)**

**PARTICIPATION FEE:** \$120

**EXAMINATION FEES:** \$70 or \$140 for each exam you take, depending on the exam

**REGISTRATION FEES:** \$70 or \$140 for each exam you pass, depending on the exam

- Paper test – Judge, Instructor and Examiner Friday, July 7, 2:00-3:30pm
- Skill test – Instructor / Examiner Saturday, July 8, 2:00-2:30pm
- Skill test – Judge Saturday, July 8, 2:30-4:00pm

## GENERAL INFORMATION

- a) You may check into the College dormitory on Wednesday evening, July 5, after 5pm.
- b) Dormitory rooms are **NOT** provided with pillows, towels, linen or blankets.
- c) Lost key fee is \$100.00 and damage deposit is \$100. Due to the high price of lost keys and damage deposit this year, we will request a **check** deposit of \$200 at sign in that will be refunded upon return of the key and room in original condition.
- d) Only participants paying in full for 4 days by June 1, 2016 will receive a \$30 discount on the total participation fee.
- e) **Please make checks payable to "AMERICAN JAPAN KARATE ASSOCIATION #2".**
- f) Personal checks will be accepted on or before June 1, 2016. Any camp fees paid after June 1 must be paid in cash, money order or cashier's check.
- g) **PERSONAL CHECKS WILL NOT BE ACCEPTED AFTER JUNE 1.**
- h) Limited registration will be available at the summer camp.
- i) Participation of non-JKA members is welcomed.
- j) The camp **CHECK-OUT TIME** is Sunday July 9 at 4:00pm.
- l) Please send checks by First-Class Mail (*no need for registered mail*).
- m) Contact Information:  
**JKA SHOTOKAN KARATE-DO INTERNATIONAL**  
Phone: (212) 799-5500  
E-mail: [jkanewyork@yahoo.com](mailto:jkanewyork@yahoo.com)
- n) Please take advantage of less crowded training sessions during the first two days of the Seminar. As these sessions are less crowded, they tend to be more effective for the individual. ***To train only on the weekend is a missed opportunity.***
- o) **\*\*\* MEALS ARE ONLY AVAILABLE FOR THOSE STAYING ON CAMPUS \*\*\*.**

# SHOTOKAN KARATE-DO INTERNATIONAL 2017 SUMMER SEMINAR SCHEDULE

THURSDAY JULY 6	FRIDAY JULY 7	SATURDAY JULY 8	SUNDAY JULY 9
<i>BREAKFAST</i> <b>7:30 – 8:30a</b>	<i>BREAKFAST</i> <b>7:30 – 8:30a</b>	<i>BREAKFAST</i> <b>7:30 – 8:30a</b>	<i>BREAKFAST</i> <b>7:30 – 8:30a</b>
<i>CLASS</i> <b>9:30a – 12:00p</b> <b>Basics:</b> Four Levels: - Black belts - Brown belts - Green belts - White belts <b>Kumite:</b> Basic 3-step sparring <b>Kata:</b> Black belts: - Bassai Sho - Kanku Sho - Gankaku Brown belts: - Bassai Dai - Kanku Dai - Tekki 2 Green belts: - Heian 4, 5 - Tekki shodan White belts: - Heian 1, 2, & 3	<i>CLASS</i> <b>9:30a – 12:00p</b> <b>Basics:</b> Four Levels: - Black belts - Brown belts - Green belts - White belts <b>Kumite:</b> Basic 1-step sparring <b>Kata:</b> Black belts: - Sochin - Nijushiho - Wankan Brown belts: - Jion - Empi - Jitte Green belts: - Heian 4, 5 - Tekki nidan White belts: - Heian 3, 4 & 5	<i>CLASS</i> <b>9:00a – 12:00p</b> <b>Basics:</b> Four Levels: - Black belts - Brown belts - Green belts - White belts <b>Kumite:</b> Semi-free sparring <b>Kata:</b> Black belts: - Gojushiho-dai - Gojushiho-sho Brown belts: - Hangetsu - Favorite kata Green belts: - Bassai-dai - Kanku-dai White belts: - Heian 3, 4 & 5	<i>CLASS</i> <b>9:00a – 12:00p</b> <b>Basics</b> All levels <b>Kumite</b> All levels <b>Kata:</b> Black belts: - Meikyo - Unsu Brown belts: - Favorite kata - Tekki sandan Green belts: - Favorite kata - Jion - Empi White belts: - Favorite kata - Tekki shodan
<i>LUNCH</i> <b>12:30 – 1:30p</b>	<i>LUNCH</i> <b>12:30 – 1:30p</b>	<i>LUNCH</i> <b>12:30 – 1:30p</b>	<i>LUNCH</i> <b>12:30 – 1:30p</b>
<i>QUALIFICATION</i> <b>2:00 – 3:30p</b>  Judge Skill And Paper Test Practice	<i>QUALIFICATION</i> <b>2:00 – 3:30p</b>  -Judge Skill And Paper Test Practice -Judge, Instructor, Examiner Paper Test	<i>KYU EXAM</i> <b>1:45 – 2:30p</b>  <i>QUALIFICATION</i> SKILL TEST Examiner: <b>2:00-2:30p</b> Judge: <b>2:30-4:00p</b>	<i>DAN EXAM</i> <b>1:30 – 3:30p</b>
<i>CLASS</i> <b>3:30 – 5:00p</b>  Basics, Kata, Kumite including Dan Exam Training	<i>CLASS</i> <b>3:30 – 5:00p</b>  Basics, Kata, Kumite including Dan Exam Training	<i>TOURNAMENT</i> <b>2:30 – 4:00p</b>	<i>CHECK-OUT</i> <b>4:00p</b>
<i>DINNER</i> <b>6:00 – 7:00p</b> <i>INSTRUCTOR MEETING</i> <i>(TOP ONLY)</i> <b>7:00 – 8:00p</b>	<i>DINNER</i> <b>6:00 – 7:00p</b> <i>INSTRUCTOR MEETING</i> <i>(ALL)</i> <b>7:00 – 8:00p</b>	<i>DINNER @ The Beach</i> <b>6:00 – 7:00p</b>  PARTY!!! <b>7:00 – 10:00p</b>	

**SHOTOKAN KARATE-DO INTERNATIONAL 2017 SUMMER SEMINAR APPLICATION FOR PARTICIPATION**

**TO:** AMERICAN JAPAN KARATE ASSOCIATION  
 P.O. Box 368  
 CLOSTER, NJ 07624

**Phone:** (212) 799-5500  
**E-mail:** jkanewyork@yahoo.com

**FROM:** CLUB \_\_\_\_\_

LAST NAME, FIRST NAME	AGE	RANK	START DATE	DAYS	NIGHTS	DEPOSIT FEE	TOTAL FEE
1)							
2)							
3)							
4)							
5)							
6)							
7)							
8)							
9)							
10)							
11)							
12)							
13)							
14)							
15)							
16)							
17)							
18)							
19)							
20)							
<b>TOTAL</b>							

**Please make checks payable to “AMERICAN JAPAN KARATE ASSOCIATION #2”.**

**Please send checks by FIRST-CLASS mail.**

**RELEASE**

I hereby release, discharge and acquit the American Japan Karate Association, Inc., Mitchell College, and all individuals and groups in any way connected thereto from any and all responsibility regarding any injuries that I may sustain while participating in the 2017 Shotokan Karate-Do International Summer Seminar. I hereby acknowledge that I have read and understand this release.

**CLUB:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**NAME (PRINT):** \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_ **WITNESS:** \_\_\_\_\_  
(Legal representative if under 18 years of age)

**MEDICAL TREATMENT RELEASE IF UNDER 18 YEARS OF AGE**

In the event that I am unable to provide parental/guardian consent, I hereby authorize the physician(s)/staff of the designated hospital to provide hospital care to include routine diagnostic procedures and medical treatment as necessary to my minor son, daughter or ward.

\_\_\_\_\_  
**Signature of Parent or Legal Guardian**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Name of Parent or Legal Guardian (Print)**

\_\_\_\_\_  
**Phone Number**

\_\_\_\_\_  
**Address**

**MEDICAL INFORMATION**

I hereby confirm that I have had vaccinations for measles, mumps, rubella, diphtheria and tetanus.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

If under 18 years of age: I hereby confirm that my son, daughter or ward has had vaccinations for measles, mumps, rubella, diphtheria and tetanus.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**IN CASE OF EMERGENCY**

**Contact:**  
**Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
**Phone Number:** \_\_\_\_\_  
**Relationship:** \_\_\_\_\_

**Medical Needs:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## DRIVING DIRECTIONS

### **FROM NEW YORK CITY**

Take I-95 North to New London	90 mi +
Take exit <b>83</b> toward <b>Downtown/New London/CT-32</b>	0.3 mi
Continue straight	0.2 mi
Continue straight onto <b>Huntington St to 1<sup>st</sup> light</b>	0.7 mi
Turn Right onto <b>Jay St</b>	0.2 mi
Continue onto <b>Truman St</b>	0.3 mi
Turn Right onto <b>Bank St</b>	0.1 mi
Turn left onto <b>Montauk Ave</b>	1.6 mi

### **FROM NYC AIRPORTS to GRAND CENTRAL TERMINAL (GCT)**

Flat Taxi rate of \$45 for JFK or LaGuardia to Grand Central Terminal  
New York Airport Service Bus - \$12 (JFK) or (\$15 LaGuardia) to GCT  
For departure schedule and more info go to [www.nyairportservice.com](http://www.nyairportservice.com)

### **FROM GRAND CENTRAL to NEW LONDON VIA TRAIN**

Take the *Metro-North* to **New Haven** (2 hr), then transfer to *Shoreline East* to **New London** (1 hr), then take a taxi to Mitchell College

### **FROM BOSTON & WORCESTER**

Mass Pike to exit 10 for <b>I-290</b> toward <b>Worcester/ I-395</b>	1.1 mi
Follow signs for <b>I-395 South / Norwich Ct</b> and merge	61 mi
Take exit 78 (LEFT EXIT) New London/Route 32 to 1 <sup>st</sup> light	1.2 mi
Continue onto Eugene O'Neill Dr	1.4 mi
Turn Right onto <b>Governor Winthrop Blvd</b>	0.2 mi
Turn Left onto <b>Huntington St</b>	0.7 mi
Turn Right onto <b>Jay St</b>	0.2 mi
Continue onto <b>Truman St</b>	0.3 mi
Turn Right onto <b>Bank St</b>	0.1 mi
Turn left onto <b>Montauk Ave</b>	1.6 mi

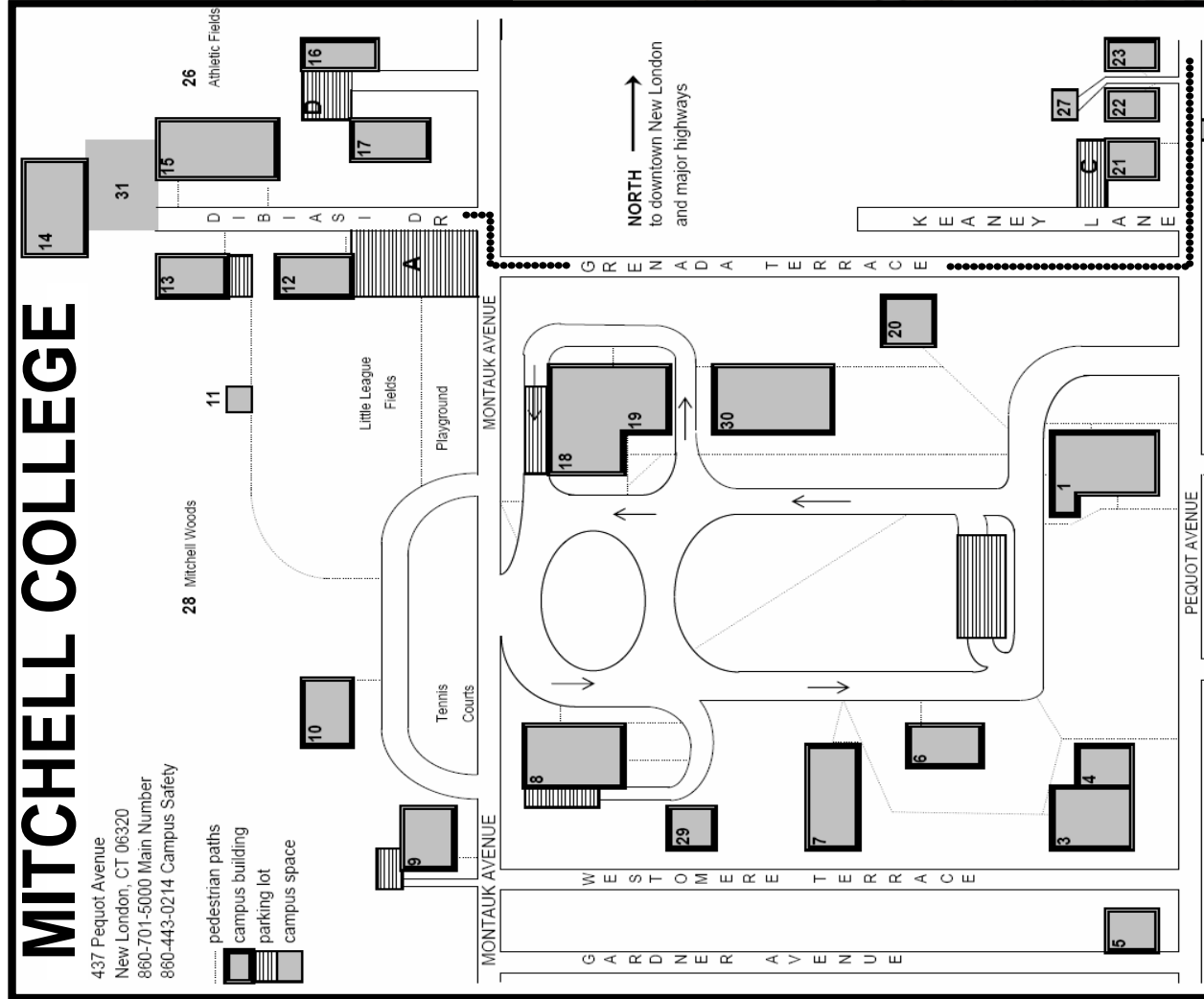
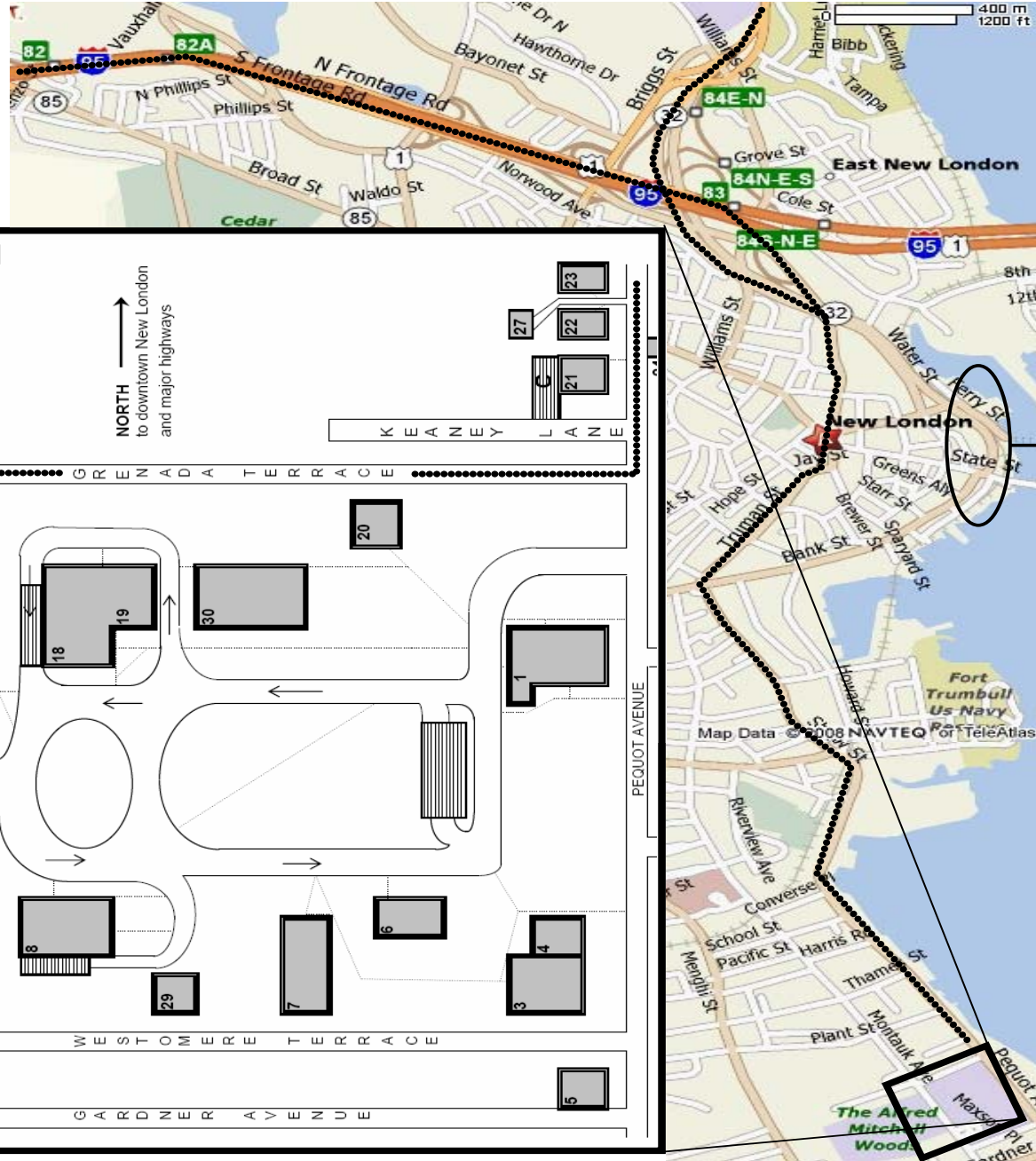
### **FROM ALBANY & VERMONT & BRADLEY INT. AIRPORT**

Take I-91 South to Hartford Take exit 30 on left.	
Merge onto <b>I-84 E</b> toward <b>New London/E Hartford</b>	0.8 mi
Take exit <b>55</b> to merge onto <b>CT-2 E</b> toward <b>Norwich</b>	36.2 mi
Take exit <b>28S</b> to merge onto <b>I-395 South</b> toward <b>CT-2A/New Haven</b>	8.0 mi
Take exit 78 (LEFT EXIT) – New London and Route 32	1.2 mi
Continue straight on 32 towards I-95	4.3 mi
Continue straight to Downtown New London on <b>Eugene O'Neill Dr</b>	0.3 mi
Turn Right onto <b>Governor Winthrop Blvd</b>	0.2 mi
Turn Left onto <b>Huntington St</b>	0.7 mi
Turn Right onto <b>Jay St</b>	0.2 mi
Continue onto <b>Truman St</b>	0.3 mi
Turn Right onto <b>Bank St</b>	0.1 mi
Turn left onto <b>Montauk Ave</b>	1.6 mi

Please contact Andrew Bakoledis for more info: 860-227-2769

FROM VERMONT, ALBANY, HARTFORD, BRADLEY, MASS.

FROM  
NYC



# MITCHELL COLLEGE

437 Pequot Avenue  
 New London, CT 06320  
 860-701-5000 Main Number  
 860-443-0214 Campus Safety

- pedestrian paths
- campus building
- parking lot
- campus space

Train  
Station