

JAPAN KARATE ASSOCIATION SHOTOKAN KARATE-DO INTERNATIONAL



2017 FALL TRAINING CAMP
JKA OF ALBANY
SAT. & SUN. – SEPTEMBER 23rd & 24th

CAMP INSTRUCTOR

MASTER MASATAKA MORI – 9th Dan

CHIEF INSTRUCTOR: JKA Shotokan Karate-Do International

Assisting Master Mori

Shu Takahashi	7th Dan	JKA of Brooklyn
Douglas Luft	7th Dan	JKA of Albany
Eiji Toriu	6th Dan	JKA of Albany
Robert Jacobs	6th Dan	JKA of UConn
Mattie Thomas	6th Dan	Karate Spirit, Coventry CT

This year's Fall Training Camp and Instructor Training will be held on the weekend of Saturday September 23rd and Sunday September 24th. JKA of Albany is pleased to host this year's camp at the Bethlehem YMCA. As in the past, Sensei Mori will be instructing the weekend's classes. Below is a tentative training and meal schedule.

Saturday September 23rd	Registration	9:00 AM – 10:00 AM
	Practice	10:00 AM – 11:30 PM
	Registration	1:30 PM – 2:00 PM
	Practice	2:30 PM – 4:00 PM

**** DINNER/ 5:00-8:00 PM - At the Elm Avenue Park Pavilion ****

Sunday September 24th	Registration- Coffee	8:00 AM- 9:00 AM
	Practice	9:00 AM-11:00 AM

All practices will be held at the Bethlehem YMCA gymnasium, **900 Delaware Avenue, Delmar NY 12054**

	Black Belts	Brown Belts	Green Belts	White Belts or Under 18
Entire Camp	\$100	\$85	\$75	\$65
Per Class	\$45	\$45	\$35	\$30

Pre-registration is requested by September 15th to facilitate planning. If paid in advance by September 15th, fee is discounted \$10 for the entire camp or \$5 per class.

Send registration form and fee to Sensei Douglas Luft, 127 Mt. Hope Dr., Albany, NY 12202, Make checks payable to JKA Of Albany. Contact Information, Doug Luft,

(518) 445-0830, jkaaluft@hotmail.com.

Release of Liability

I understand that my participation in the JKA Fall Training Camp in Delmar, New York, on September 23rd & 24th, 2017 is at my own risk, and I agree not to hold the Japan Karate Association of Albany, Inc., or the JKA Shotokan Karate-Do International, or the Bethlehem YMCA or its members or employees responsible or liable for any loss, injury, or accident resulting from my participation.

Read and Understood:

Date: _____

Participant Signature: _____

Parent/Guardian Signature: _____

Release of Liability

I understand that my participation in the JKA Fall Training Camp in Delmar, New York, on September 23rd & 24th, 2017 is at my own risk, and I agree not to hold the Japan Karate Association of Albany, Inc., or the JKA Shotokan Karate-Do International, or the Bethlehem YMCA or its members or employees responsible or liable for any loss, injury, or accident resulting from my participation.

Read and Understood:

Date: _____

Participant Signature: _____

Parent/Guardian Signature: _____

Accommodations 2017

Comfort Inn

37 Route 9W
Glenmont, NY 12077
(518) 465-8811
Fax (518) 465-5732

Rate: \$99.00 Single or Double – 2 Queen.

Continental Breakfast

20 Rooms reserved, please identify “JKA of Albany”.

Cutoff Date: to Reserved Rooms is September 9th.

Directions:

From NYS Thruway (87) Exit 23, take a Right on Rt. 9W, half mile,
Comfort Inn is on the Right.

Days Inn & Suites

15 Frontage Road
Glenmont, NY 12077
(518) 449-5181
Fax: (518) 432-9953

Rate: \$89.99 Double or King.

Continental Breakfast

20 Rooms reserved, please identify “JKA of Albany”

Cutoff Date: to Reserved Rooms is September 9th.

Directions:

From NYS Thruway (87) Exit 23, take a Right on Rt. 9W, go exactly one mile,
Days Inn is on the Right.

Directions to the Bethlehem Area YMCA



Bethlehem Area YMCA
900 Delaware Ave
Delmar, NY 12054

(518) 439-4394

From Points West (Rochester, Syracuse, Buffalo)

1. Take NYS Thruway (I-90) to Exit 23
2. After you pass through the toll booths, you will want to veer to the right for 9W. Take a right onto 9W (South)
3. Follow directions from 9W

From Points South (New York City)

1. Take NYS Thruway (I-87) North to Exit 23
2. After you pass through the toll booths, you will want to veer to the right for 9W. Take a right onto 9W (South)
3. Follow directions from 9W

From Points East (Massachusetts, Connecticut)

1. Take I-90 West into New York State
2. Take Exit 6A toward I-787 Albany. Stay to the left for I-787 South
3. Continue on I-787 South until the end.
4. Turn right onto McCarty Ave
5. Continue onto 9W/Southern Blvd
6. Follow directions from 9W

From Points North

1. Take I-87 South (Adirondack Northway)
2. Take exit 7 for NY-7 E toward Troy/Cohoes
3. Exit right to I-787 South
4. Continue on I-787 South until the end.
5. Turn right onto McCarty Ave
6. Continue onto 9W/Southern Blvd
7. Follow directions from 9W

Bethlehem Area YMCA from 9W

1. Merge onto Route 32 South / Delmar Bypass. Stay straight on 32 until you get to the T on the road (approximately 3.9 miles).
2. Turn right onto Van Dyke Road (you will pass the high school on your right).
3. At the traffic light, turn left onto Delaware Ave. The YMCA will be about $\frac{3}{4}$ of a mile on your left at the top of the hill.